



NCSAA *Wellspring of Life Initiative*
Athlete Devotionals
Teachable Spirit – Week Two



This week, as you discuss with your coach and team “the steps” of a teachable spirit, be reminded that the Christian life is a series of steps. Although we desire these steps to be consistently forward, we sometimes slip backwards; but it is *forward* steps (not matter how small) that bring joy to our lives and glory to God. These steps are very “daily,” meaning that progress is one step at a time, in reliance on the Lord. This week you’ll read what Scriptures has to say about the steps in our walk with God.

MONDAY: *Example of Jesus*

Read: Luke 2:1-14; 1 Peter 2:21

- 1) When you have read the story of Christ’s birth before, have you ever wondered why God didn’t send His son to earth as a fully-grown man? Even Jesus had to “grow up” step-by-step, day-by-day. What does this mean to you?
- 2) What, then, does the command to follow in Christ’s steps (in 1 Peter) mean?

TUESDAY: *Discipline as a Step*

Read: Hebrews 12:1-12

- 1) “Running the race that is set before us” is an everyday task. What does this passage tell you will help you to persevere (v.2), and how should you do that? *Do* you do that?
- 2) How can this passage help you in your attitude toward discipline?

WEDNESDAY: *Scripture and Prayer as a Step*

Read: Exodus 16:4; Matthew 6:9-13; 2 Timothy 3:16-17

- 1) Manna was God’s provision for His people. Could they eat a lot of it and not need it the next day? Could they store it up for later? What does this tell us about our need for God’s provision of His word and prayer, on a daily basis?
- 2) Jesus sets an example of praying constantly, but also tells us *how* to pray. Are you praying daily? Likewise, reading God’s Word regularly is important. What benefit of reading Scripture is identified in this passage in 2 Timothy?

THURSDAY: *Trust as a Step*

Read: Proverbs 14:15; Proverbs 16:1-9

- 1) Proverbs 14:15 tells you *what* about planning the steps you are going to take?
- 2) What does Proverbs 16 (v.9) tell us about those plans that we make? Are you willing to make “wise” plans, knowing that God may change your direction?

FRIDAY: *How and Why to Guard Your Steps*

Read: Proverbs 4:1-13, 25-27

- 1) According to verses 25-27, what is your responsibility in staying on the right path daily? How can you do that?
- 2) What promise does God give you near the end of verses 1-13?